

# **MAIN LINE SPINE SURGERY CENTER**



## **PATIENT AND FAMILY GUIDE**

**700 S. HENDERSON ROAD  
SUITE 335  
KING OF PRUSSIA, PA 19406  
PHONE: 610-337-2828  
FAX: 610-337-3506**

**Dear Patient,**

**Welcome to Main Line Spine Surgery Center. The mission of our experienced health care staff is to offer quality, state-of-the-art diagnostic testing and treatment in a relaxed comfortable and personalized setting.**

**We are committed to making your surgery safe and effective as possible. In order to aid in our delivery of safe care, please provide important medical and health information to the staff at the facility. You should report any changes in your condition that may affect the care provided by the facility. Finally, please question any variation in medications, treatments and plan of care from what you have informed to expect.**

**Should you have any questions or concerns about your upcoming surgery, please call you physician's office first. You can reach the staff at the Center at 610-337-2828, between the hours of 8:00AM and 5:00PM, Monday through Friday.**

**Main Line Spine Surgery Center  
Health Care Team**

# Preparation for Surgery

- Do not eat or drink anything, including water, after midnight the day before the surgery unless otherwise directed by your physician.
- Your physician will review your medications and determine if any changes are needed for the day of the surgery.
- On the day of the surgery, notify your physician if you have had any changes in your health since the surgery was scheduled.
- Leave all jewelry and valuables at home.
- Remove all nail polish, make-up, and contact lenses before you come to the Center. You may bring your glasses and contacts case to the facility.
- Wear casual, loose clothing. During the surgery, you will wear a patient gown provided by the Center.
- Please bring all insurance cards with you.

# Discharge from the Center

- Arrange for transportation home after the surgery. You will not be allowed to drive home your surgery. Your driver should remain at the Center, as you will be discharged shortly after the completion of your surgery.
- You may not take the bus or a taxi home if you have received any sedation medication.
- You should arrange for someone to stay with you overnight following your procedure.
- When you arrive home, wait at least 24 hours before you:
  - Resume normal activities
  - Drive or operate any equipment
  - Drink alcoholic beverages
  - Make any important decisions or sign papers
- You will receive further instructions at the time of your discharge.

*The physicians and staff of Main Line Spine Surgery Center are committed to serving their patients and families with the highest standards of care. We continuously strive to improve our standards through education, technology and awareness of health care costs to meet the ever changing needs of our patients.*